

Get all your answers **quick** and **easy** @ **umr.com**



A UnitedHealthcare Company

## Make **umr.com** your first stop

You want managing your health care to be fast and easy, right? You got it.

At **umr.com**, you'll find everything you want to know – and need to do – as soon as you log in.

No hassles. No waiting. Just the answers you're looking for anytime, night or day!

### Log in now to:

- View **Things to do**, your personalized benefits to-do list
- Check your benefits and see what's covered
- Look up what you owe and how much you've paid
- Find a doctor in your network
- Learn about medical conditions and your treatment options
- Access tools and trusted resources to help you live a healthier life



**Note:** The images shown reflect available features within our desktop site. These features may or may not be available to all users, depending on your individual and/or company benefits.

## You don't need a Ph.D. to understand your benefits

We've made it easy to find the top things people want to know. Choose **Benefits & coverage** from myMenu to find out:

- What health care services are covered?
- What's the cost difference between an in-network and out-of-network service?
- What's your deductible, and are you close to reaching it?
- Is there a copayment for your office visit? If so, how much?

## Did your dog eat your ID card?

No worries. It's easy to get a replacement online.

Just click **ID card** from myMenu to see a copy of your card. With a couple more clicks you can have a new card mailed to your home.

Can't wait for the mailman? Print a temporary copy from our desktop site. Or, use your smart phone to view your ID card or fax a copy to your doctor's office.



Claim activity						Download	Print
Show 4 entries						Filter your results	
CLAIMS INFORMATION	SERVICE DATE	PROVIDER	BILLED AMOUNT	PLAN PAYS	YOU PAY		
Patient: Karyn Blank Claim # 17055123456 <a href="#">View claim details</a> <a href="#">View EOB</a>	02/17/20	Valley Hospital	\$1351.00	\$1,193.00	\$25.00	Status: Completed	
Patient: Code Blank Claim # 17054123456 <a href="#">View claim details</a> <a href="#">View EOB</a>	02/15/20	Hon. Gregory, Dr	\$359.20	\$0.00	\$0.00	Status: Completed	
Patient: Elizabeth Blank Claim # 17051123456 <a href="#">View claim details</a> <a href="#">View EOB</a>	02/03/20	Hon. Gregory, Dr	\$290.00	\$0.00	\$0.00	Status: Denied - Accident info needed from pt. Action needed! <a href="#">Click here</a>	
Patient: Code Blank Claim # 17038123456 <a href="#">View claim details</a> <a href="#">View EOB</a>	01/12/20	Moore, John, Dr	\$370.00	\$0.00	\$215.95	Status: Completed	

Fictionalized data

## Buried in paperwork?

### A single click lets you track all your claims

Check in at your convenience to see if a claim has been processed and what you might owe. To get more details on a specific claim, click **view claim details** or **view EOB**. This will tell you the type of services provided, the amount billed and the amount paid, if any, and whether there's any action that needs to be taken before the claim can be processed.

You can choose to receive a secure e-mail any time you have a new EOB. If you're not ready to give up paper completely, you can print out copies from our claims center.

## Don't be surprised by unexpected costs

- Know the price you'll pay ahead of time. Search treatments or procedures in the **Health cost estimator**.
- Get your in-network discount. Use **Find a provider** to look up doctors and facilities near you.

## Helpful apps, calculators, videos and health information all in one place

Choose **Health center** from the myMenu and select the tile shortcuts that interest you.

- Online health information: up-to-date and ad-free
- Our top picks for healthy eating and exercise
- Free tools, apps and calculators