



IF THERE'S A BETTER WAY FOR  
YOU TO EXPERIENCE HEALTHCARE,

WE'LL FIND IT



We're problem-solving, frustration-fighting people on a mission to make your healthcare simpler. We're your MyQHealth Care Coordinators.

If it's a matter of healthcare, it's a matter for us. Consider us your dedicated team of nurses, benefits experts and claims specialists who advocate for your care. Among other things, we:

- Issue/replace ID cards
- Answer claims, billing and benefits questions
- Help manage chronic conditions
- Find in-network providers
- Get to know you and your unique healthcare needs
- Help reduce unnecessary out-of-pocket costs
- Ensure you receive high-quality, safe and cost-effective care

**Want to reach us? We're just a tap, click or call away.**

If you see "Quantum Health" calling, your MyQHealth Care Coordinators are trying to reach you. It's a matter of your healthcare – we wouldn't call if it weren't important.

Some reasons we might call:

- Your provider is out of network
- Reducing out-of-pocket costs
- Prescribed medications that shouldn't be taken together
- Secondary insurance confirmation
- Wellness coaching
- Nurse support for condition management
- Preadmission or postdischarge follow-ups

**So, if Quantum Health shows up on your caller ID, that may be us trying to reach you.**

[fccihealthplan.com](http://fccihealthplan.com)

(855) 497-1223

(Monday-Friday, 8:30 a.m.-10 p.m. ET)

Download the app | MyQHealth - Care Coordinators